

My First Dua Book



Dr Umm Maryam

My name is

This is



I will memorise all dua's from it insha'Allah



قَالَ رَسُولُ اللَّهِ ﷺ

الدُّعَاءُ هُوَ الْعِبَادَةُ،
وَقَالَ رَبُّكُمْ ادْعُونِي
أَسْتَجِبْ لَكُمْ

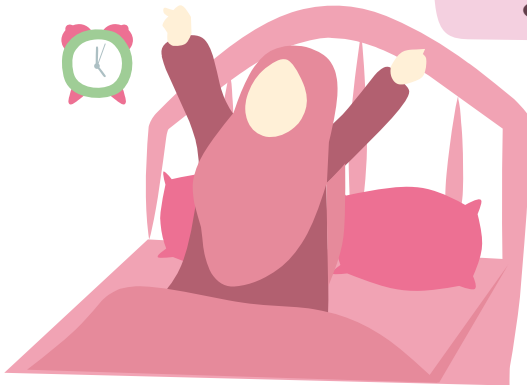
The Prophet ﷺ said:
"Supplication (dua) is itself the worship.
And your Lord said: Call on Me,
I will answer you"

Abu Dawud

When I wake up,
I recite..

الْحَمْدُ لِلَّهِ الَّذِي
أَحْيَانَا بَعْدَ مَا أَمَاتَنَا
وَإِلَيْهِ النُّشُورُ

All praise is for Allah who
gave us life after having taken it from us
and unto Him is the resurrection.



**While entering in to the toilet,
I recite..**

**اللَّهُمَّ إِنِّي أَعُوذُ بِكَ
مِنَ الْخَبِيثِ وَالْخَبَائِثِ**

**O Allah (Almighty) I seek your refuge
from impure jinnat (male & female)**



Sahih Al-Bukhaari

After leaving the toilet,
I recite..



(O Allah) I seek forgiveness
from you



**Before making Wudu ,
I recite..**

بِسْمِ اللَّهِ



In the Name of Allāh..

Muslim

After completing wudu,
I recite..



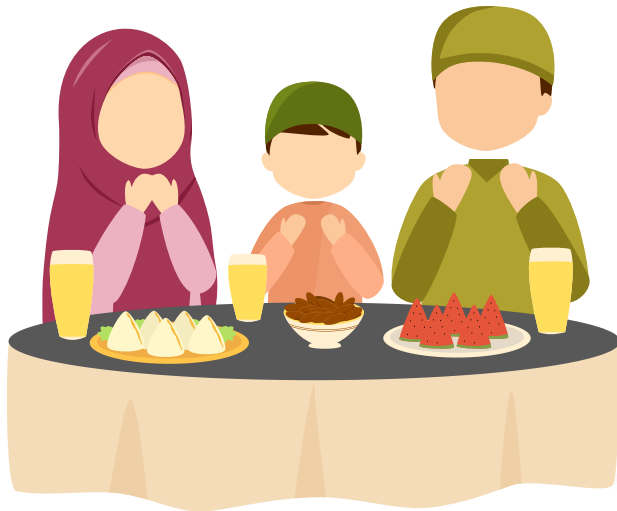
اللَّهُمَّ اجْعَلْنِي مِنَ
التَّوَّابِينَ وَاجْعَلْنِي
مِنَ الْمُتَطَهِّرِينَ



O Allah, make me of those who return to
You often in repentance and make me of
those who remain clean and pure.

At-Tirmidhi 1:78

**Before starting my meal,
I recite...**



In the Name of Allāh

Jamie Tarimzi

**After finishing my meal,
I recite...**

الْحَمْدُ لِلَّهِ الَّذِي
أَطْعَمَنِي هَذَا الطَّعَامَ،
وَرَزَقَنِيهِ مِنْ غَيْرِ حَوْلٍ
مِنِّي وَلَا قُوَّةٍ

**Praise be to Allah Who has fed me
with this food and provided me with
it through no might and power
on my part,**



**When I wear my clothes ,
I recite...**



**Praise be to Allah Who has clothe
me with this and provided me
with it through no might and power
on my part.**

While leaving home,
I recite...

بِسْمِ اللَّهِ تَوَكَّلْتُ
عَلَى اللَّهِ
وَلَا حَوْلَ وَلَا قُوَّةَ
إِلَّا بِاللَّهِ.

In the name of Allah, I place my
trust in Allah, and there is no
might nor power except
with Allah.



Abu Dawud

**While entering home,
I recite...**

**بِسْمِ اللّٰهِ وَلَجْنَا،
وَبِسْمِ اللّٰهِ خَرَجْنَا،
وَعَلَى رَبِّنَا تَوَكَّلْنَا.**



**In the name of Allah we enter
and in the name of Allah we leave,
and upon our Lord we place our trust.**

Abu dawud

**While getting on a vehicle,
I recite...**

سُبْحَانَ الَّذِي سَخَّرَ لَنَا
هَذَا وَمَا كُنَّا لَهُ مُقْرِنِينَ
وَإِنَّا إِلَىٰ رَبِّنَا لَمُنْقَلِبُونَ



**Glory is to Him Who has provided this for us
though we could never have had
it by our efforts. Surely, unto our Lord
we are returning.**

**When I visit to any sick,
I recite....**

لَا بَأْسَ،
ظُهُورٌ إِنْ شَاءَ اللَّهُ

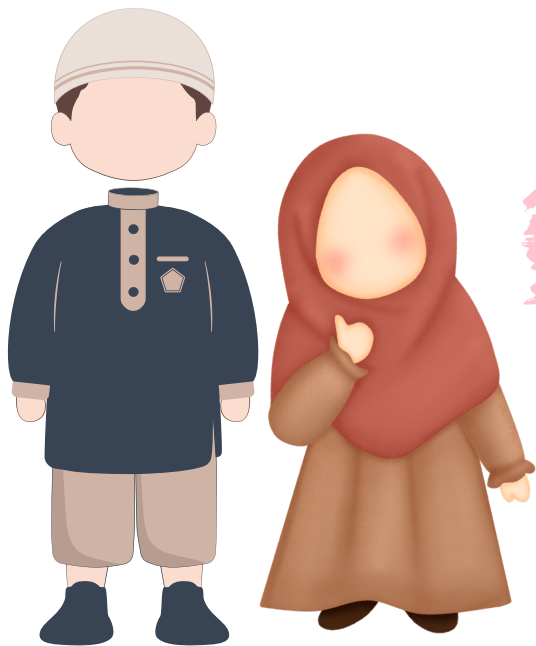


**Do not worry, it will be a
purification (for you),
Allah willing.**

Fathul-Bari

I want to be a good Muslim so
everyday I recite...

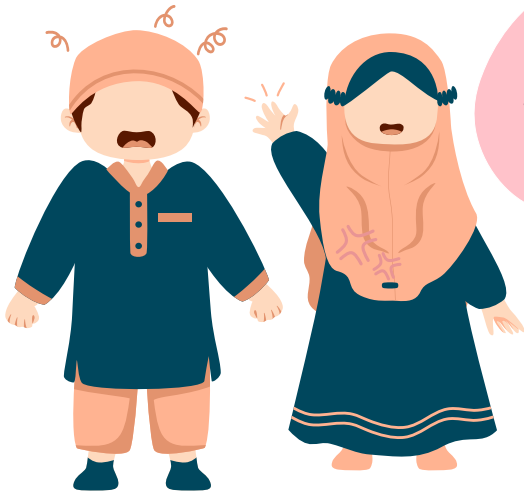
اللَّهُمَّ إِنِّي أَعُوذُ بِكَ
مِن مَنكَرَاتِ الْأَخْلَاقِ،
وَالأَعْمَالِ وَالأَهْوَاءِ
وَالأَدْوَاءِ



O Allah I seek refuge in you
from infidelity, hypocrisy and bad
morality

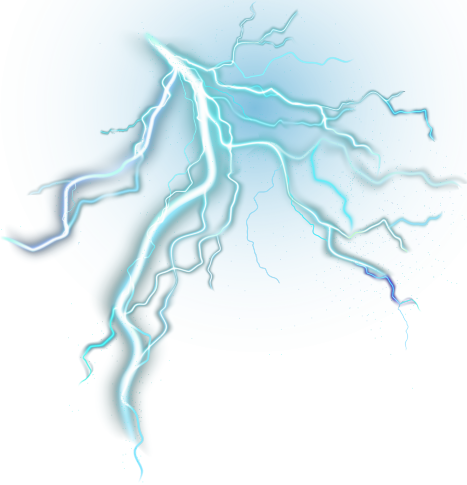
**When I feel angry, immediately
I recite...**

أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ
الرَّجِيمِ

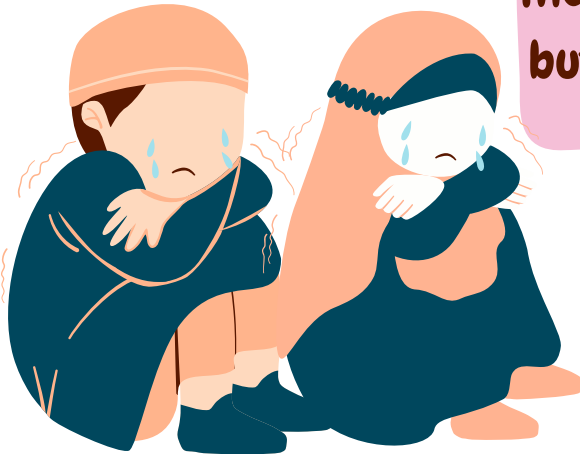


**I seek refuge with Allah against
the Satan, the outcast.**

**When I feel frightened,
I recite...**



**There is none worthy of worship
but Allah.**



Al-Bukhari

**When I get my favorite things,
I recite...**



**الْحَمْدُ لِلَّهِ الَّذِي
بِنِعْمَتِهِ
تَتِمُّ الصَّالِحَاتُ**

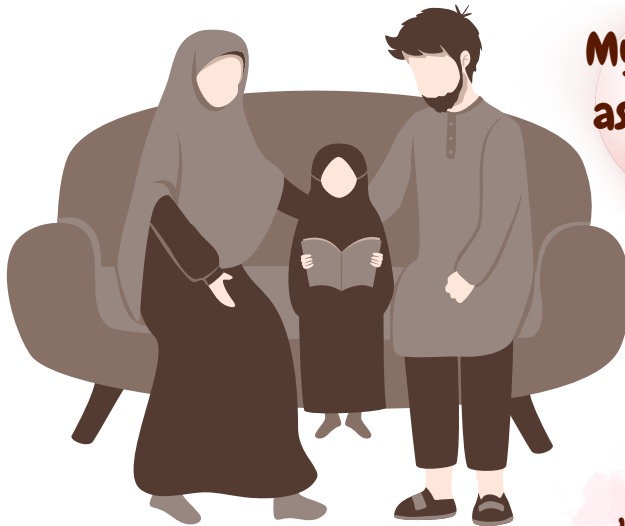
**Praise to Allah by whose grace
good deeds are completed.**



**Everyday I make dua
for mama and baba...**



**رَبِّ اَرْحَمُهُمَا
كَمَا رَبَّيْتَنِي صَغِيرًا**



**My Lord! have mercy upon them
as they brought me up [when I
.was] small**

**Before reading anything,
I recite...**

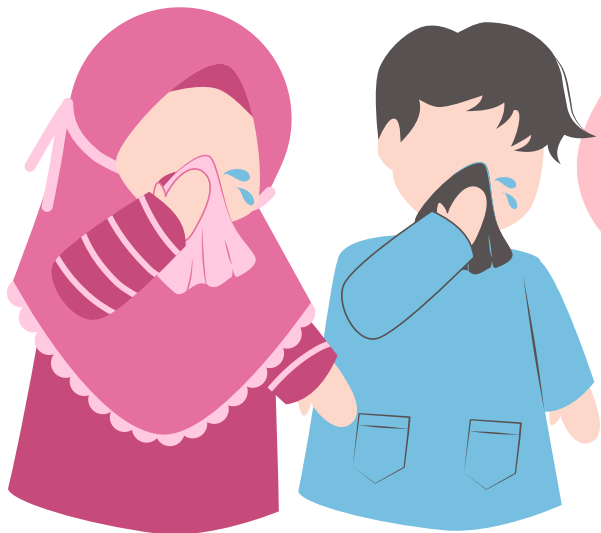


**My Lord, increase me in
knowledge.**



When I sneeze, I recite...

الْحَمْدُ لِلَّهِ



All praise is for Allah.

**When I see anyone sneezing,
I say...**

يَرْحَمُكَ اللَّهُ



**May Allah have mercy
upon you.**

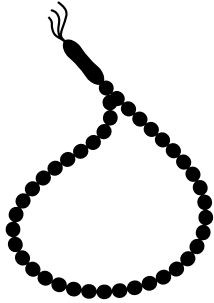
When It's raining I recite...

اللَّهُمَّ صَيِّبًا نَافِعًا

"O Allah make it plentiful and beneficial"



To please my Rab, everyday
I recite...



الْحَمْدُ لِلَّهِ

أَسْتَغْفِرُ اللَّهَ

اللَّهُ أَكْبَرُ

سُبْحَانَ اللَّهِ



When I go upstairs, I recite...



Allah is greatest

Al-Bukhari

When I go downstairs, I recite...



Glory be to Allah

Al-Bukhari

To protect myself from any harm,
everyday I recite...

بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّ
مَعَ اسْمِهِ شَيْءٌ فِي الْأَرْضِ
وَلَا فِي السَّمَاءِ وَهُوَ
السَّمِيعُ الْعَلِيمُ



In the Name of Allah with Whose Name
there is protection against every kind of harm in the earth
or in heaven, and He is All-Hearing and All-Knowing



Abu Dawud

When I go to bed, I recite...

NIGHT



اللَّهُمَّ بِاسْمِكَ
أَمُوتُ وَأَحْيَا

In Your name, my Lord,
I lie down, and in Your name, I rise.



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